

# Spring Hours

Monday-Friday 6am-9pm  
 Saturday 8am-5pm  
 Sunday 10am-5pm



# MAY



**Gym CLOSED to unscheduled activities if highlighted in RED!**

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	<b>1</b> Motion Mondays 10:30-11:45am Adult Drop In Volleyball 7-9pm Adult Volleyball League 7-9pm  <i>Open Gym 10am-5pm</i>  <i>Open Gym 6-7:30am, 8:30-9am, 10:30am-7pm</i>	<b>2</b> Adult Drop In Pickleball 1:30-3:30pm Taekwondo 6:30-8pm  <i>Open Gym 6:45-10am, 11am-12pm, 1-1:30pm, 3:30-9pm</i>	<b>3</b> Adult Drop In Basketball 7-9pm  <i>Open Gym 6-9:15am, 10:30am-7pm,</i>	<b>4</b> Adult Drop In Pickleball 1:30-3:30pm Taekwondo 6:30-8pm  <i>Open Gym 6:45-10am, 11am-12pm, 1-1:30pm, 3:30-9pm</i>	<b>5</b> Adult Drop In Soccer 7-9pm  <i>Open Gym 6-8am, 10:30-11am, 12pm-7pm</i>	<b>6</b> Adult Drop In Pickleball 8-11am  <i>Open Gym 11am-5pm</i>
<b>7</b>  <i>Open Gym 10am-5pm</i>	<b>8</b> Motion Mondays 10:30-11:45am Adult Drop In Volleyball 7-9pm Adult Volleyball League 7-9pm  <i>Open Gym 6-7:30am, 8:30-9am, 10:30am-7pm</i>	<b>9</b> Adult Drop In Pickleball 1:30-3:30pm Taekwondo 6:30-8pm  <i>Open Gym 6:45-10am, 11am-12pm, 1-1:30pm, 3:30-9pm</i>	<b>10</b> Adult Drop In Basketball 7-9pm  <i>Open Gym 6-9:15am, 10:30am-7pm</i>	<b>11</b> Adult Drop In Pickleball 1:30-3:30pm Taekwondo 6:30-8pm  <i>Open Gym 6:45-10am, 11am-12pm, 1-1:30pm, 3:30-9pm</i>	<b>12</b> Adult Drop In Soccer 7-9pm  <i>Open Gym 6-8am, 10:30-11am, 12pm-7pm</i>	<b>13</b> Adult Drop In Pickleball 8-11am Self-Defense Class 1-4pm <i>Open Gym 11am-5pm</i>
<b>14</b>  <i>Open Gym 10am-5pm</i>	<b>15</b> Motion Mondays 10:30-11:45am Adult Drop In Volleyball 7-9pm Adult Volleyball League 7-9pm  <i>Open Gym 6-7:30am, 8:30-9am, 10:30am-7pm</i>	<b>16</b> Adult Drop In Pickleball 1:30-3:30pm Taekwondo 6:30-8pm  <i>Open Gym 6:45-10am, 11am-12pm, 1-1:30pm, 3:30-9pm</i>	<b>17</b> Adult Drop In Basketball 7-9pm  <i>Open Gym 6-9:15am, 10:30am-7pm</i>	<b>18</b> Adult Drop In Pickleball 1:30-3:30pm Taekwondo 6:30-8pm  <i>Open Gym 6:45-10am, 11am-12pm, 1-1:30pm, 3:30-9pm</i>	<b>19</b> Adult Drop In Soccer 7-9pm  <i>Open Gym 6-8am, 10:30-11am, 12pm-7pm</i>	<b>20</b> Adult Drop In Pickleball 8-11am Private Rental 1pm-5pm <i>Open Gym 11am-1pm</i>
<b>21</b>  <i>Open Gym 10am-5pm</i>	<b>22</b> Motion Mondays 10:30-11:45am Adult Drop In Volleyball 7-9pm Adult Volleyball League 7-9pm  <i>Open Gym 6-7:30am, 8:30-9am, 10:30am-7pm</i>	<b>23</b> Adult Drop In Pickleball 1:30-3:30pm Taekwondo 6:30-8pm  <i>Open Gym 6:45-10am, 11am-12pm, 1-1:30pm, 3:30-9pm</i>	<b>24</b> Adult Drop In Basketball 7-9pm  <i>Open Gym 6-9:15am, 10:30am-7pm</i>	<b>25</b> Adult Drop In Pickleball 1:30-3:30pm Taekwondo 6:30-8pm  <i>Open Gym 6:45-10am, 11am-12pm, 1-1:30pm, 3:30-9pm</i>	<b>26</b> Adult Drop In Soccer 7-9pm  <i>Open Gym 6-8am, 10:30-11am, 12pm-7pm</i>	<b>27</b> Adult Drop In Pickleball 8-11am  <i>Open Gym 11am-5pm</i>
<b>28</b>  <i>Open Gym 10am-5pm</i>	<b>29</b>  <b>CLOSED IN OBSERVANCE OF MEMORIAL DAY</b>	<b>30</b> Adult Drop In Pickleball 1:30-3:30pm Taekwondo 6:30-8pm  <i>Open Gym 6:45-10am, 11am-12pm, 1-1:30pm, 3:30-9pm</i>	<b>31</b> Adult Drop In Basketball 7-9pm  <i>Open Gym 6-9:15am, 10:30am-7pm</i>	<b>MAY EVENTS</b> <b>May 5: First Friday Family Block Party</b> <b>May 19-25: Bonedale Bike Week</b> <b>May 20: Bonedale Bike Jam</b>		

## Gymnasium Rules

1. Children 6-10 yrs of age must be supervised by a paying guest 11 yrs or older.
2. Children under 6 yrs of age must be supervised by a paying adult at all times.
3. No spitting gum or saliva on the floors.
4. Must be 16 yrs or older to use pull-up bars. No sitting, standing, jumping, or crawling on the pull-up bars.
5. No drinking or eating in the gym unless you have a closed bottle.
6. Proper athletic attire including shorts, non-marking shoes must be worn at all times. No bare feet, flip flops, or sandals, etc.
7. No hanging on basketball rims!
8. The facility is NOT responsible for lost or stolen items. Please store them in a locked locker.
9. Any excessive physical aggression (Unsportsmanlike Conduct) towards other members or staff may result in immediate police involvement. "Excessive Physical Contact" includes but is not limited to pushing, kicking, punching, spitting, biting, etc. Enforcement of this rule may include, game suspensions, removal from league play, and/or ejection for one year of Adult Sports play.
10. Excessive verbal abuse or violence towards another participant or community center staff will not be tolerated. It is the complete discretion of Carbondale Recreation & Community Center Staff to revoke or suspend a patron's membership due to inappropriate behavior.
11. No jewelry may be worn during play.
12. No skateboards or scooters in gym.

## General Information

### CRCC Spring Hours of Operation

Monday-Friday 6am-9pm

Saturday 8am-5pm

Sunday 10am-5pm



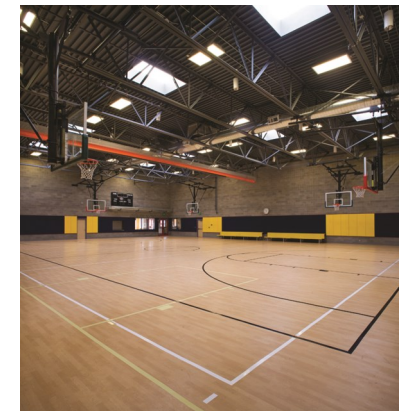
Please note that the gym can be closed for special events, programming and private rentals, please read the gym schedule for gymnasium closures or call for the most up to date information:

970.510.1290



# MAY

## Gymnasium Information



*Carbondale Recreation  
&  
Community Center*

567 Colorado Ave  
Carbondale, CO 81623  
970.510.1290