Carbondale Recreation & Community Center Climbing Wall

Safety Orientation, Auto-Belay, Top Rope Belay Test with Lead Climb & Belay Certification
In order to climb or belay on the Carbondale Recreation & Community Center climbing wall you must understand, demonstrate and perform the following essential climbing and belaying skills with correct techniques on our roped climbs. You must also be trained and understand the safety measures to use our <u>auto-belay</u> devices. To be lead certified you must demonstrate correct lead climbing and lead belaying techniques.

Dat	teStaff Initials DateStaff Initials DateStaff Initials			
	Top Rope / Auto Belay / Bouldering Cert. Lead Belay Certification Lead Climbing Certification			
Printed Climbing Wall Staff Name Staff Signature Staff use only:				
Pri	nt NameSignature of test taker			
I, as a climbing wall participant, will follow these guidelines or lose my privileges to use the climbing wall. I have read and understand the rules, and have presented a signed waiver/release to the Carbondale Recreation & Community Center Climbing Wall. I assume full responsibility for my actions and will do my best to ensure my safety and the safety of others.				
	of auto belay webbing or carabiner, and then re-attach it to the floor anchor. Do not let go of the auto belay webbing or carabiner , it will automatically ascend the wall in an uncontrolled manner and be irretrievable. OFF BELAY! Climber to belayer: Indicating "I'm done, you can stop belaying" BELAY OFF! Belayer to climber. Indication climber is off belay and no longer protected by the rope.			
	mber-Belayer Communication-When finished at the bottom of a route: Auto-belay: Pull down some slack, unclip carabiner from harness, or ask for help to do so without letting go of auto-belay webbing or carabiner, and then re-attach it to the floor angles. Do not let go of the auto-belay.			
_	LOWER ME! Climber to belayer. Indicates climber's wish for belayer to lower the climber in a slow and controlled descent.			
	TAKE! Climber to belayer. Indicates climber's wish for belayer to hold him/her tight for a rest.			
	Auto-belay: Let go of the wall, have hands and feet in front for protection, you will automatically descend.			
	mber-Belayer Communication-When finished at the top of the route or while climbing the route:			
	SLACK! Climber to belayer asking for more rope. FALLING! Climber to belayer that a fall is eminent.			
	UP ROPE! TENSION! Climber to belayer asking to take up slack in rope			
	tension) the auto belay is malfunctioning, down climb and discontinue use. Notify staff immediately.			
	Auto-belay: Make sure there is no slack in the webbing while climbing. If slack is present, (no upward			
	Climber-Belayer Communication-While Climbing:			
	CLIMB ON! Belayer to climber. Indicating the go ahead to climb and the readiness to catch a fall.			
	CLIMBING! Climber to belayer. Double-checking readiness of belayer.			
	BELAY ON! Belayer to climber. Indicates belayer is ready. No slack in rope system to climber.			
	ON BELAY? Climber to belayer in the form of a question. Asking if belayer is ready.			
	Lead Climbing Techniques-Discuss inherent dangers of back clipping and z-clipping and how to prevent. imber-Belayer Communication- Before Climbing:			
	Lead Belaying- Discuss different forces generated by lead falls and demonstrate lead belaying techniques.			
_	controlled belaying never shock loading the climber-belayer rope system.			
	Top Rope Belay technique: correct clipping into belay device, and rope feed out and stop techniques for			
Anchors: Correct clipping of belayer into floor anchor.				
	Tie-in: Proper figure 8 follow through knot with a safety backup knot on rope attached to climber.			
Ч	<u>Auto-belay</u> : Correct securing of auto locking carabiner to harness. Have the locking devise verified each time you climb by staff or another previously certified climber.			
	Harness: Correct fitting and securing of a harness. Double back techniques if necessary.			

Town of Carbondale Recreation & Community Center Climbing Release/Indemnification of all Claims and Covenant Not to Sue

Please read the following before signing: In consideration for the right to participate in the Town of Carbondale's recreation activities. the climbing wall, climbing lessons, or outdoor climbing I hereby agree to the following: I understand any recreational/sports activity, including the one I am applying for, involves certain risks to my personal safety and property, or the safety and property of others. I further understand participation in recreational/sports activities requires certain skills and capabilities and I agree it is solely my responsibility to insure my health is adequate and my capabilities are sufficient to participate in this activity. I agree to assume any and all risks associated with my participation in this activity. I agree to follow all rules for safe participation in this activity with full knowledge that I may be banned from future activities if rules are violated. I hereby waive any and all claims I may have against the Town of Carbondale and its officers, employees, agents, servants, insurers, and all representatives and sponsors arising out of my participation in this activity. I hereby release and hold harmless the Town of Carbondale of any claim bought by a third party due to my participation in this activity. I understand I may be photographed, and give permission for the use of my image to publicize activities for the Recreation Department. In the event of any emergency, I give consent for me or my child to be taken to and treated at the nearest medical facility, understanding that every effort will be made to contact the emergency contact person set forth. In such event, I shall be solely responsible for medical expenses associated with medical care. If I am signing this agreement on behalf of a minor child, I understand the foregoing agreements and waivers shall apply equally to the child. I further acknowledge that the following list is not inclusive of all possible risks associated with Climbing and that the list in no way limits the extent or reach of this release and covenant Not to Sue. I hereby acknowledge and agree that the sport of rock climbing and the use of the Town of Carbondale's Climbing Wall (hereinafter referred to as the Climbing Wall) have inherent risks including, but not limited to:

- 1. All manner of injury resulting from falling and impacting against rock faces, projections, benches, fitness equipment, whether permanently or temporarily in place, or the ground or the Recreation Center Floor;
- 2. Rope abrasion, entanglement and other injuries resulting from activities on or near the Climbing Wall or climb such as, but not limited to climbing, belaying, rappelling, lowering on rope, auto belay systems, rescue systems, and any other rope techniques;
- 3. Injuries resulting from falling climbers, rocks or dropped items, such as, but not limited to ropes or climbing hardware;
- 4. Cuts and abrasions resulting from skin contact with the Climbing Wall, rocks, trees, climbing equipment;
- 5. Failure of ropes, slings, harnesses, climbing hardware, auto belay systems, anchor points, or any part of the Climbing Wall structure or other climbing equipment;
- 6. Climbers & Wall users may be belayed or spotted by someone other than Town of Carbondale Recreation & Community Center Climbing Wall staff. Belayers or spotters may be belay certified peers of climbers and wall users.
- 7. Travel to and from the climbing destination may require driving, hiking, scrambling and un-roped climbing.
- 8. Injuries resulting from adverse weather conditions and non-controllable environmental conditions.

I further certify that my date of birth is lawful age (18 years or older and otherwise legally comby the parent/guardian of the minor). I further underst signing this agreement, after having carefully read the in Carbondale, Colorado this day of	(month/day/year), that their present age is, and(month/day/year), that my present age is, and that I am therefore mpetent to sign this agreement (if under 18 years old, this release must be signer and that the terms of this agreement are legally binding and I certify that I am same, of my own free will. In witness whereof, this instrument is duly execute20 AVE READ AND UNDERSTAND THE AGREEMENT AND WAIVER	d
Climber's Signature	Climber's Name, Printed Clearly	
Address	Emergency Contact: Name & Number	FIRST
State & zip code	e-mail address	VAME
	AL GUARDIAN OF MINOR. I hereby state that I am the parent or bove. I have read and consent and agree to the terms and provisions set	FIRST NAME, LAST NAME: STAFF USE ONLY
Signature of Parent or Legal Guardian	Today's Date	AFF USE ON
Witness' Signature	Witness' Name, Printed Clearly	Ţ