

Fall/Winter Hours

Monday-Friday 6am-9pm  
 Saturday 8am-5pm  
 Sunday 10am-5pm



# October

Gym CLOSED to unscheduled activities if highlighted in **RED!**

Sun	Mon	Tue	Wed	Thu	Fri	Sat	
1 Open Gym 10pm-5pm	2 Motion Mondays 10:30-11:45am Adult Volleyball League 7-9pm Open Gym 6-7:30am, 8:30-9am, 10:30am-3:30pm, 4:30-7pm	3 Open Gym 7am-10am, 11am-12pm, 3:30pm-9pm Adult Drop In Pickleball 1:30pm-3:30pm Taekwondo 6:30-8pm	4 Open Gym 6-9:15am, 12-7pm Wild & Wacky Wednesdays 10:30-11:45am Early Release Open Gym 2-4pm Adult Drop In Basketball 7-9pm	5 Adult Drop In Pickleball 6am-8am & 1:30pm-3:30pm Open Gym 8am-10am, 11am-12pm, 3:30pm-9pm Taekwondo 6:30-8pm	6 Open Gym 6-8am 12pm-7pm Adult Drop Soccer 7-9	7 Open Gym 11am-5pm Adult Drop In Pickleball 8am-11am	
8 Open Gym 10am-5pm	9 Motion Mondays 10:30-11:45am Adult Volleyball League 7-9pm Open Gym 6-7:30am, 8:30-9am, 10:30am-3:30pm, 4:30-7pm	10 Open Gym 7am-10am, 11am-12pm, 3:30pm-9pm Adult Drop In Pickleball 1:30pm-3:30pm Taekwondo 6:30-8pm	11 Open Gym 6-9:15am, 1-7pm Wild & Wacky Wednesdays 10:30-11:45am Early Release Open Gym 2-4pm Adult Drop In Basketball 7-9pm	12 Adult Drop In Pickleball 6am-8am & 1:30pm-3:30pm Open Gym 8am-10am, 11am-12pm, 3:30pm-9pm Taekwondo 6:30-8pm	13 Open Gym 6-8am 12pm-7pm Adult Drop Soccer 7-9	14 Open Gym 11am-5pm Adult Drop In Pickleball 8am-11am	
15 Open Gym 10am-5pm	16 Motion Mondays 10:30-11:45am Adult Volleyball League 7-9pm Open Gym 6-7:30am, 8:30-9am, 10:30am-12pm, 1-7pm	17 Open Gym 7am-10am, 11am-12pm, 3:30pm-9pm Adult Drop In Pickleball 1:30pm-3:30pm Taekwondo 6:30-8pm	18 Open Gym 6-9:15am, 1-7pm Wild & Wacky Wednesdays 10:30-11:45am Early Release Open Gym 2-4pm Adult Drop In Basketball 7-9pm	19 Adult Drop In Pickleball 6am-8am & 1:30pm-3:30pm Open Gym 8am-10am, 11am-12pm, 3:30pm-9pm Taekwondo 6:30-8pm	20 Open Gym 6-8am 12pm-7pm Adult Drop Soccer 7-9	21 Open Gym 11am-5pm Adult Drop In Pickleball 8am-11am	
22 Open Gym 10am-5pm	23 Motion Mondays 10:30-11:45am Adult Volleyball League 7-9pm Open Gym 6-7:30am, 8:30-9am, 10:30am-3:30pm, 4:30-7pm	24 Open Gym 7am-10am, 11am-12pm, 3:30pm-9pm Adult Drop In Pickleball 1:30pm-3:30pm Taekwondo 6:30-8pm	25 Open Gym 6-9:15am, 1-7pm Wild & Wacky Wednesdays 10:30-11:45am Early Release Open Gym 2-4pm Adult Drop In Basketball 7-9pm	26 Adult Drop In Pickleball 6am-8am & 1:30pm-3:30pm Open Gym 8am-10am, 11am-12pm, 3:30pm-9pm Taekwondo 6:30-8pm	27 Open Gym 6-8am 12pm-7pm Adult Drop Soccer 7-9	28 Open Gym 11am-5pm Adult Drop In Pickleball 8am-11am	
29 Open Gym 10am-5pm	30 Motion Mondays 10:30-11:45am Adult Volleyball League 7-9pm Open Gym 6-7:30am, 8:30-9am, 10:30am-3:30pm, 4:30-7pm	31 Open Gym 7am-10am, 11am-12pm, 3:30pm-9pm Adult Drop In Pickleball 1:30pm-3:30pm Taekwondo 6:30-8pm	<div style="border: 1px solid black; background-color: #d3d3d3; padding: 10px; width: fit-content; margin: auto;"> <h2 style="margin: 0;">EVENTS!</h2> <p style="margin: 0;">October 6th: First Friday Homecoming &amp; Harvest Fest                      October 7th: Potato Day                      October 22: Aloha Shaka Cross Series (Race #1)</p> </div>				

## Gymnasium Rules

1. Children 6-10 yrs of age must be supervised by a paying guest 11 yrs or older.
2. Children under 6 yrs of age must be supervised by a paying adult at all times.
3. No spitting gum or saliva on the floors.
4. Must be 16 yrs or older to use pull-up bars. No sitting, standing, jumping, or crawling on the pull-up bars.
5. No drinking or eating in the gym unless you have a closed bottle.
6. Proper athletic attire including shorts, non-marking shoes must be worn at all times. No bare feet, flip flops, or sandals, etc.
7. No hanging on basketball rims!
8. The facility is NOT responsible for lost or stolen items. Please store them in a locked locker.
9. Any excessive physical aggression (Unsportsmanlike Conduct) towards other members or staff may result in immediate police involvement. "Excessive Physical Contact" includes but is not limited to pushing, kicking, punching, spitting, biting, etc. Enforcement of this rule may include, game suspensions, removal from league play, and/or ejection for one year of Adult Sports play.
10. Excessive verbal abuse or violence towards another participant or community center staff will not be tolerated. It is the complete discretion of Carbondale Recreation & Community Center Staff to revoke or suspend a patron's membership due to inappropriate behavior.
11. No jewelry may be worn during play.
12. No skateboards or scooters in gym.

## General Information

### CRCC Fall/Winter Hours of Operation

Monday-Friday 6am-9pm

Saturday 8am-5pm

Sunday 10am-5pm

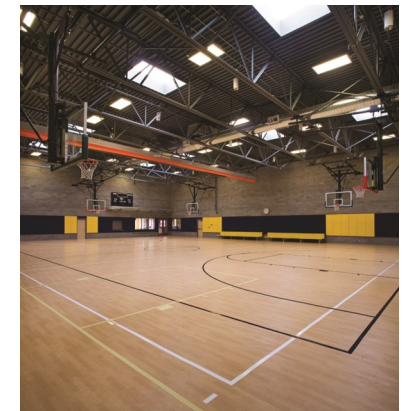


*Please note that the gym can be closed for special events, programming and private rentals, please read the gym schedule for gymnasium closures or call for the most up to date information:*



# October

## Gymnasium Information



### *Carbondale Recreation & Community Center*

567 Colorado Ave  
Carbondale, CO 81623  
970.510.1290