

Winter/Spring Hours

Monday-Friday 6am-9pm
 Saturday 8am-5pm
 Sunday 10am-5pm

January

**Gym CLOSED
if highlighted in RED!**

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1 Closed in observance of New's Years Day	2 Adult Drop In Pickleball 6am-8am & 1:30-3:30pm Open Gym 8am-10am, 11am-12pm, 8pm-9pm Taekwondo 6:30-8pm	3 Open Gym 6-9:15am, 12-4pm Wild & Wacky Wednesdays 10:30-11:45am Early Release Open Gym 2-4pm Adult Drop In Basketball 7-9pm	4 Adult Drop In Pickleball 6am-8am & 1:30-3:30pm Open Gym 8am-10am, 11am-12pm, 8pm-9pm Taekwondo 6:30-8pm	5 Open Gym 6-8am 12pm-7pm Adult Drop In Soccer 7-9pm	6 Open Gym 11am-5pm Adult Drop In Pickleball 8am-11am
7 Open Gym 10am-5pm	8 Motion Mondays 10:30-11:45am Adult Volleyball League 7-9pm Open Gym 6-7:30am, 8:30-9am, 10:30am-12pm, 1-4pm	9 Adult Drop In Pickleball 6am-8am & 1:30-3:30pm Open Gym 8am-10am, 11am-12pm, 8pm-9pm Taekwondo 6:30-8pm	10 Open Gym 6-9:15am, 12-4pm Wild & Wacky Wednesdays 10:30-11:45am Early Release Open Gym 2-4pm Adult Drop In Basketball 7-9pm	11 Adult Drop In Pickleball 6am-8am & 1:30-3:30pm Open Gym 8am-10am, 11am-12pm, 8pm-9pm Taekwondo 6:30-8pm	12 Open Gym 6-8am 12pm-7pm Adult Drop In Soccer 7-9pm	13 Open Gym 11am-5pm Adult Drop In Pickleball 8am-11am
14 Open Gym 10am-5pm	15 Motion Mondays 10:30-11:45am Adult Volleyball League 7-9pm Open Gym 6-7:30am, 8:30-9am, 10:30am-12pm, 1-4pm	16 Adult Drop In Pickleball 6am-8am & 1:30-3:30pm Open Gym 8am-10am, 11am-12pm, 8pm-9pm Taekwondo 6:30-8pm	17 Open Gym 6-9:15am, 12-4pm Wild & Wacky Wednesdays 10:30-11:45am Early Release Open Gym 2-4pm Adult Drop In Basketball 7-9pm	18 Adult Drop In Pickleball 6am-8am & 1:30-3:30pm Open Gym 8am-10am, 11am-12pm, 8pm-9pm Taekwondo 6:30-8pm	19 Open Gym 6-8am 12pm-7pm Adult Drop In Soccer 7-9pm	20 Open Gym 11am-5pm Adult Drop In Pickleball 8am-11am
21 Open Gym 10am-5pm	22 Motion Mondays 10:30-11:45am Adult Volleyball League 7-9pm Open Gym 6-7:30am, 8:30-9am, 10:30am-12pm, 1-4pm	23 Adult Drop In Pickleball 6am-8am & 1:30-3:30pm Open Gym 8am-10am, 11am-12pm, 8pm-9pm Taekwondo 6:30-8pm	24 Open Gym 6-9:15am, 12-4pm Wild & Wacky Wednesdays 10:30-11:45am Early Release Open Gym 2-4pm Adult Drop In Basketball 7-9pm	25 Adult Drop In Pickleball 6am-8am & 1:30-3:30pm Open Gym 8am-10am, 11am-12pm, 8pm-9pm Taekwondo 6:30-8pm	26 Open Gym 6-8am 12pm-7pm Adult Drop In Soccer 7-9pm	27 Open Gym 11am-5pm Adult Drop In Pickleball 8am-11am
28 Open Gym 10am-5pm	29 Motion Mondays 10:30-11:45am Adult Volleyball League 7-9pm Open Gym 6-7:30am, 8:30-9am, 10:30am-12pm, 1-4pm	30 Adult Drop In Pickleball 6am-8am & 1:30-3:30pm Open Gym 8am-10am, 11am-12pm, 8pm-9pm Taekwondo 6:30-8pm	31 Open Gym 6-9:15am, 12-4pm Wild & Wacky Wednesdays 10:30-11:45am Early Release Open Gym 2-4pm Adult Drop In Basketball 7-9pm			

*Monday-Friday between 4pm-9pm please consult the front desk for the youth basketball schedule for open gym times

MEMBERSHIP APPRECIATION SALE!

DURING THE MONTH OF JANUARY,
BUY 3 MONTHS, GET 1 FREE!

Gymnasium Rules

1. Children 6-10 yrs of age must be supervised by a paying guest 11 yrs or older.
2. Children under 6 yrs of age must be supervised by a paying adult at all times.
3. No spitting gum or saliva on the floors.
4. Must be 16 yrs or older to use pull-up bars. No sitting, standing, jumping, or crawling on the pull-up bars.
5. No drinking or eating in the gym unless you have a closed bottle.
6. Proper athletic attire including shorts, non-marking shoes must be worn at all times. No bare feet, flip flops, or sandals, etc.
7. No hanging on basketball rims!
8. The facility is NOT responsible for lost or stolen items. Please store them in a locked locker.
9. Any excessive physical aggression (Unsportsmanlike Conduct) towards other members or staff may result in immediate police involvement. "Excessive Physical Contact" includes but is not limited to pushing, kicking, punching, spitting, biting, etc. Enforcement of this rule may include, game suspensions, removal from league play, and/or ejection for one year of Adult Sports play.
10. Excessive verbal abuse or violence towards another participant or community center staff will not be tolerated. It is the complete discretion of Carbondale Recreation & Community Center Staff to revoke or suspend a patron's membership due to inappropriate behavior.
11. No jewelry may be worn during play.
12. No skateboards or scooters in gym.

General Information

CRCC Winter/Spring Hours of Operation

Monday-Friday 6am-9pm
Saturday 8am-5pm
Sunday 10am-5pm

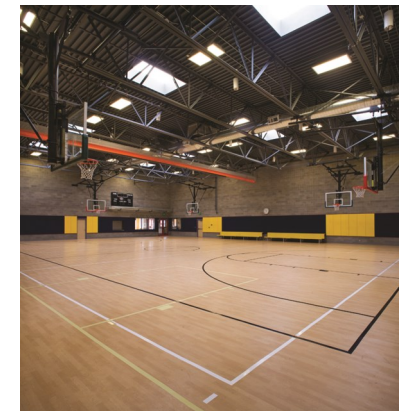


Please note that the gym can be closed for special events, programming and private rentals, please read the gym schedule for gymnasium closures or call for the most up to date information:



January

Gymnasium Information



Carbondale Recreation & Community Center

567 Colorado Ave
Carbondale, CO 81623
970.510.1290